



Dr. Goh Pik Pin from Malaysia is the president of the Kasih Hospice Care Society, a charity organization that provides hospice service to people who are facing end-of life sickness through its trained medical team and volunteers. She is also the president of Losang Dragpa Buddhist Society. She obtained the medical degree from Universiti Sains Malaysia in 1988, Master in Surgery (Ophthalmology) from Universiti Kebangsaan Malaysia in 1996 and Master in Public Health /Public Health Ophthalmology, from Bloomberg School of Public Health, Johns Hopkins University in 2001. She is currently the director of Clinical Research Centre, Ministry of Health, Malaysia.

## **ABSTRACT**

### **Compassion in Action from the Perspective of Kasih Hospice**

Dr. Goh Pik Pin, M.D.

Email: [pgoh108@yahoo.com](mailto:pgoh108@yahoo.com)

The wish for oneself to be happy and free from suffering is inert in each sentient being. Mahayanist daily motivation prayer emphasizes that the purpose of one's life is to free all sentient beings from suffering and bring them happiness, initially as an aspiration and eventually this aspiration is to become an engagement. Kybje Lama Zopa Rinpoche, the spiritual advisor to the Foundation for the Preservation of Mahayana Teaching (FPMT) and Kasih Hospice Care Society (KHC) advices that one should translate dharma learned, especially on compassion and loving kindness, into action. KHC provides medical and emotional support to patients facing life-threatening illness regardless of race or religion. It has a medical team, consisting of a doctor and 4

nurses who provide home care hospice service and trained volunteers who make weekly visits to patients admitted to hospitals. KHC medical director and a team of volunteers also provide day care service to patients admitted to palliative care ward in hospital Selayang. There are many meaningful encounters among our medical care team and volunteers. Among the testimonials are interactions that resulted in the fulfilling of patients' last wishes, communication that resulted in resolving family conflicts, actions that resulted in needy patients getting social welfare support from the government and non-government organizations, and last but not least, actions with compassion without expecting anything in return.